

Questions for Making Lemonade

- 1) When did you lose your brother/sister?
- 2) How old were you?
- 3) Where were you when you got the news?
- 4) Who told you?
- 5) How did they tell you?
- 6) What was your first reaction?
- 7) What did you start thinking about?
- 8) How long was it until you could get to your family?
- 9) What was the funeral like?
- 10) How did the receiving line affect you?
- 11) Did you feel numb about your loss? If so for how long?
- 12) How did people treat you after the death? How did that make you feel?
- 13) Did you have signs of depression afterwards?
- 14) Did you cry easily at the thought or mention of your brother or sister's name?
- 15) Did you and your family talk about how you were feeling, memories, things that reminded you of your sibling? Do you talk about him or her now?
- 16) What is your reaction now when you have a reminder of him or her?
- 17) What have you forgotten about him or her? Do you have things that can help you remember?
- 18) Are you angry about the loss of your sibling?

- 19) What was your relationship with your parents like before your loss? Now?
- 20) Do your parents treat you differently?
- 21) How do you feel when you see your parents sad, mad, or in some other way reacting to this loss?
- 22) Have you done any creative projects to remember or in some way comment on how you are feeling about your loss? (i.e. writing, film/video production, music etc)
- 23) Is there a song that you play when you want to remember?
- 24) Did you seek counseling after your loss? Do you feel it helped?
- 25) How long after your loss, did you attempt to get back to your normal routine?
- 26) What do you do when you have a bad day/week/period?
- 27) What days/times of the year are hard for you? Why do you think they are hard?

If there is anything else you would like to add, please feel free to do so.